

LIGHT SNACK

~GI OF NORMAN, LLC~

Pillcam® Small Bowel Capsule Endoscopy

You may have a light snack 4 hours after ingestion. A light snack includes:

Sandwich (no lettuce)

White Bread

Baked Potato

Soup (no vegetables)

Apple Sauce

Yogurt

Pudding

Scrambled Eggs

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