

~GI OF NORMAN, LLC~

Patient Instructions for Pillcam® Small Bowel Capsule Endoscopy

Patient: _____

Examination Date: _____

To ensure the best results for your Pillcam® Capsule Endoscopy of the small bowel, follow your doctor's instructions carefully and completely.

The Day of Your Examination:

1. Start the prescribed liquid diet after lunch.
2. **DO NOT eat or drink** except for necessary medication with a sip of water, 6 hours before your capsule endoscopy.

The Day Before Your Examination:

1. **DO NOT take any medication** 2 hours before having the exam.
2. **DO NOT apply body lotion or powder to your abdomen.**
3. **Wear loose fitting, two-piece clothing.**
Your upper clothing should be opaque, not sheer.
4. **Arrive for your appointment at the scheduled time:** _____.

After Swallowing the Pillcam® SB Capsule

***The capsule endoscopy procedure will last approximately 8-9 hours.
Contact your doctor's office immediately if you suffer from any abdominal pain,
nausea, or vomiting during the procedure.***

1. **You may drink colorless liquids starting 2 hours** after swallowing the Pillcam® SB Capsule.
2. **You may have a light snack 4 hours after ingestion.** After the examination is complete, you may return to your normal diet.
3. **Check the blue-flashing DataRecorder light every 15 minutes** to be sure it is blinking twice per second. If it stops blinking or changes color, note the time and contact your doctor.
4. **Use the supplied Capsule Endoscopy Report Form to note the time of any event** such as eating, drinking, or change in your activity. Return the completed *Event Form* to your doctor at the time you return the equipment.
5. **Avoid strong electromagnetic fields** such as MRI devices or ham radios after swallowing the capsule and until you pass it in a bowel movement.
6. **Do NOT disconnect the equipment or completely remove the belt** at any time during the procedure.
7. **Treat the DataRecorder carefully.** Avoid sudden movements and banging the DataRecorder.
8. **Avoid direct exposure to bright sunlight.**
9. **Do NOT have a MRI for 30 days after the Pillcam® Capsule Endoscopy**