

~GI OF NORMAN, LLC~

LIVER BIOPSY

**NO ASPIRIN, WARFARIN, NAPROXEN, EXCEDERIN, PLAVIX, OR COUMADIN
FIVE DAYS BEFORE PREPARATION**

After careful medical assessment, your doctor has recommended you have a liver biopsy.

The Procedure

The liver biopsy is usually performed on an out patient basis. A mild sedative may be given to the patient prior to the procedure. Sometimes an ultrasound or echo machine is used to identify the best location to make the biopsy. Usually, the physician can make the determination simply by examination. The patient lies quietly on the back or slightly on the left side. That area of the skin where the biopsy will be done is carefully cleaned. Then, a local anesthetic agent is used to numb the skin and tissue below. A specially designed thin needle is inserted through the skin. At this point, the physician will tell the patient how to breathe. The needle is advanced into and out of the liver. This takes only one or two seconds. A slender core of tissue is removed with the needle, and is then processed through the laboratory. The entire procedure from start to finish lasts only 15-20 minutes.

If you have any questions, please feel free to ask the doctor, GI nurse, or the technician.

Day of Exam:

1. No medications are to be taken except heart, blood pressure, diabetes, or seizure medications.
2. Nothing to eat after midnight, but you may have clear liquids until four hours before the exam.
3. If applicable, discuss insulin dosage with nurse.
4. Arrive for admitting process at _____ at _____.

Be prepared to spend 4-6 hours in recovery after the procedure is complete.

YOU WILL BE MEDICATED FOR THE PROCEDURE, SO YOU MUST BRING A DRIVER WITH YOU. PLEASE DRESS COMFORTABLY IN A LOOSE TWO PIECE OUTFIT. PLEASE REMEMBER THAT THE QUOTED ARRIVAL TIME IS SUBJECT TO CHANGE. IF YOU HAVE ANY QUESTIONS YOU MAY CALL THE OFFICE AT 405-360-2777.