

GI OF NORMAN, LLC

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ESOPHAGOGASTRODUODENDOSCOPY (EGD) PREPARATION

****NO ASPIRIN, WARFARIN, NAPROXEN, EXCEDRIN, PLAVIX OR COUMADIN FIVE DAYS BEFORE EXAMINATION****

After careful medical assessment, your doctor has recommended that you have an upper GI endoscopy. During this procedure, a flexible fiberoptic tube (endoscope) is passed through the mouth and throat and into the upper digestive tract. This procedure allows the doctor to examine the lining of the esophagus (food tube), stomach, and duodenum (first portion of the small intestine) and to identify any abnormalities.

You will be asked to sign a consent form authorizing the doctor to perform the examination. Please let the doctor and GI nurse know if you are allergic to any medications. Dentures and eyeglasses must be removed prior to the start of the procedure. You may prefer to remove contact lenses at this time, also.

A needle for intravenous (IV) medicines will be placed in your arm vein prior to the procedure. Medicine will be injected through the needle that will make you sleepy and relaxed. Please bring a driver with you, as you will be unable to drive yourself home. Your doctor may also spray your throat or ask you to gargle with a numbing medicine.

As you lie on your left side, the doctor will place a small mouthpiece between your teeth. You will be able to breathe normally. The doctor will then help you swallow the flexible tube and he will examine the lining of the esophagus, stomach and duodenum.

A biopsy specimen (tiny bit of tissue) may be taken for microscopic examination. You will not feel any sensation or discomfort when the biopsy is performed.

Many people do not recall any part of the procedure because of the effect of the medicine. After the procedure, you will probably feel drowsy and may sleep for a short time. The doctor will discuss the findings with you and the GI nurse or technician will give you instructions to follow when you go home.

If you have any questions, please feel free to ask the doctor, GI nurse or the technician.

Day of Exam:

1. No medications are to be taken except heart, blood pressure, diabetes or seizure medications.
2. Nothing to eat after midnight, but you may have clear liquids until four hours before the exam.
3. If applicable, discuss insulin dosage with nurse.
4. Arrive for admitting process at _____ at _____.

YOU MAY EXPERIENCE MILD TO MODERATE ABDOMINAL CRAMPS OR DISCOMFORT, WHICH WILL PASS. YOU SHOULD CONTINUE TAKING YOUR PREPARATIONS AS DIRECTED TO ENSURE YOUR COLON IS AS CLEAN AS POSSIBLE. VASELINE OR VITAMIN A&D OINTMENT CAN BE USED TO KEEP RECTAL SKIN COVERED. **YOU WILL BE MEDICATED FOR THE PROCEDURE, SO YOU MUST BRING A DRIVER WITH YOU.** PLEASE DRESS COMFORTABLY IN A LOOSE TWO PIECE OUTFIT. PLEASE REMEMBER THAT THE QUOTED ARRIVAL TIME IS SUBJECT TO CHANGE. IF YOU HAVE ANY QUESTIONS YOU MAY CALL THE OFFICE AT 405-360-2777.