

~GI OF NORMAN, LLC~
ENDOSCOPIC RETROGRADE CHOLANGIOPANCREATOGRAPHY
ERCP

NO ASPIRIN, WARFARIN, NAPROXEN, EXCEDERIN, PLAVIX, OR COUMADIN
FIVE DAYS BEFORE PREPARATION

After careful medical assessment, your doctor has recommended you have an ERCP.

What is an ERCP?

Endoscopic retrograde cholangiopancreatography, or ERCP, is a specialized technique used to study the ducts of the gallbladder, pancreas, and liver. Ducts are drainage routs; the drainage channels from the liver are called bile or biliary ducts.

During ERCP, your doctor will pass an endoscope through your mouth, esophagus, and stomach into the duodenum (first part of the small intestine). An endoscope is a thin, flexible tube that lets your doctor see inside your bowels. After your doctor sees the common opening to ducts from the liver and pancreas, your doctor will pass a narrow plastic tube called a catheter through the endoscope and into the ducts. Your doctor will inject a contrast material (dye) into the pancreatic or biliary ducts and will take X-Rays.

What preparation is required?

You should fast for at least six hours (and preferably overnight) before the procedure to make sure you have an empty stomach, which is necessary for the best examination. You should talk to your doctor about medications you take regularly and any allergies you have to medications. Tell your doctor if you have an allergy to iodine-containing drugs, which include contrast material. Although an allergy doesn't prevent you from having ERCP, it's important to discuss it with your doctor prior to procedure. Also, be sure to tell your doctor if you have heart or lung conditions, or other major diseases.

Many People do not recall any part of the procedure because of the effect of the medicine. After the procedure, you will probably feel drowsy and may fall asleep for a short time. Your doctor will then discus the findings with you and the GI nurse or technician will give you instructions to follow when you go home. If you have any questions, please feel free to ask the doctor, GI nurse, or the technician.

Day of Exam:

1. No medications are to be taken except heart, blood pressure, diabetes or seizure medications.
2. Nothing to eat after midnight, but you may have clear liquids until four hours before the exam.
3. If applicable, discuss insulin dosage with nurse.
4. Arrive for admitting process at _____ at _____.

YOU WILL BE MEDICATED FOR THE PROCEDURE, SO YOU MUST BRING A DRIVER WITH YOU. PLEASE DRESS COMFORTABLY IN A LOOSE TWO PIECE OUTFIT. PLEASE REMEMBER THAT THE QUOTED ARRIVAL TIME IS SUBJECT TO CHANGE. IF YOU HAVE ANY QUESTIONS YOU MAY CALL THE OFFICE AT 405-360-2777.